



Tooth Brushing Tracker



Brush morning and night!

Name: _____

Week of: _____

Day	Morning 	Night 	I Brushed Well!
Monday	☐	☐	☐ ☐
Tuesday	☐	☐	☐ ☐
Wednesday	☐	☐	☐ ☐
Thursday	☐	☐	☐ ☐
Friday	☐	☐	☐ ☐
Saturday	☐	☐	☐ ☐
Sunday	☐	☐	☐ ☐



My goal:

I will brush my teeth _____
times this week!



My reward:

