



MORNING ROUTINE TRACKER

ROUTINE TRACKER

START THE TRAIL STRONG

Name: _____

Week of: _____

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Wake Up							
Make Bed							
Get Dressed							
Brush Teeth							
Hair							
Breakfast							
Bag Ready							

- BE KIND
- BE BRAVE
- EXPLORE

Morning goal: _____

